

**BASIC PEER SUPPORT**POST Plan IV 2310-22650  
STC 035-006588

The Training Division of the Sacramento County Sheriff's Department is presenting a twenty-four (24) hour, POST/STC certified course, Basic Peer Support. This course is for sworn and non-sworn members of law enforcement agencies. The program is primarily interactive augmented with intensive in-class material. Topics include:

**Developing Good Listening Skills**  
**Problem Solving**  
**Relationship Issues**  
**Communication Styles**  
**Suicide/Depression**  
**Post-Traumatic Stress**  
**Substance Abuse**

**Location:** The Holiday Inn  
5321 Date Avenue Sacramento, CA 95841  
(916-338-5800)

**Prerequisite:** Must be a member of a law enforcement agency, and recommended by their immediate supervisor, or Peer Support Board.

**Date/Time:** **June 1-3, 2009**  
0800-1700 Hours

**Fee:** **\$ 155.00** **Make checks payable to: SSDTTF**  
*Sacramento Sheriff's Department Training Trust Fund, 1000 River Walk Way Carmichael, CA 95608*

Payment is due by the first day of class. This department's cancellation policy requires a two (2) week notice prior to the class start date. No-shows and those canceling with less than two weeks notice will be charged the full tuition fee if no replacement student is found. NOTE: Classes may be cancelled at any time if the minimum enrollment is not attained. You will be notified of any changes.

**Attire:** **All personnel shall display department or agency identification.**  
Students attending this course are expected to dress appropriately: Shirt with collar. Jeans must be neat, clean, and in good condition. No shorts, thong type shoes (flip-flops), beach wear or sweat pants.

**FOR RESERVATIONS IN THIS COURSE:** Telephone Peer Support Program Coordinator Jan Arbuckle at (916) 606-2235 or by e-mail at [jarbuckle@sacsheriff.com](mailto:jarbuckle@sacsheriff.com).